

Where Do I Begin?

A Step-by-Step Guide for Building the Chorus Sound from the Ground Up?

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Important: These steps should be introduced more or less in this order, each successive step building upon the step before. Each step along the way must be maintained throughout the process.

- I. Attitude
 - A. Most difficult element to develop—changing mindset
 - B. Permeates every other aspect of the rehearsal and performance
- II. Attitude/Mental Alertness
 - A. Most difficult to develop: a whole new mindset
 - B. Must have it in order to achieve the other goals
 - C. Always in the Here and Now
 - D. Begins with the warm-up
 - 1. Most important part of the rehearsal
 - 2. Not just a collection of vocal exercises, it builds your craft and sets the tone for the entire rehearsal
- III. Physical Readiness
 - D. Release Tension
 - E. Posture
 - F. Without physical readiness we can't hope to really create the sound we long for
- IV. Breath Management
 - D. Inhale
 - 1. Physical process
 - 2. 3 things to do while inhaling
 - a) Re-set your mechanism
 - b) Audiate (hear in your mind) the next pitch
 - c) Form the first vowel
 - E. Initiating the tone
 - F. Sustaining the tone
 - G. Releasing the tone
- V. Choral Tone
 - D. Resonance
 - E. Registration
 - 2. Head Voice
 - 3. Chest Voice
 - 4. Mixed Voice
- VI. Singlish
 - D. Target Vowels
 - E. Diphthongs & Glides
 - F. Consonants
- VII. Intonation/Tuning
 - D. Horizontal Tuning
 - E. Vertical Tuning
- VIII. Section Considerations
- IX. COMMUNICATION!