

Notes on resonance/good vocal technique

- *The most important foundation of good singing is breath control/support*
- *Good singing requires athletic discipline as well as artistry*
- *The effectiveness of the vocal warm up period will determine the effectiveness of the rehearsal!*
- *Posture should be “up and up”, the crown of the head is tall*
- *A collapsed posture puts strain on the laryngeal muscles*
- *The flexed knee position is one of the most important factors in aiding vocal freedom*
- *The tongue should ALWAYS have a sense of freedom...wide, loose and forward*
- *Vocal line is an evenness in the voice of the singer, steady and flowing*
- *A singer with proper training should never have any feeling in the throat*
- *Resonance is created by air and space!*
- *The “drool” position is used for both space and a relaxed tongue*
- *All breaths should be resonated*
- *Tension equals out of tune*
- *All chest tones should have some head voice in them*
- *Loud and resonance are NOT the same*
- *Release the authority of the sound as you go higher*
- *Find your voice*
- *Learn your music...hesitation hinders good vocal technique*
- *Our throat is the bridge between our mind and body. By opening up the throat and the voice, we can begin to integrate all levels of our being*
- *Resonance needs to be a top priority for all singers*
- *The vocal journey is a very personal one...learn to enjoy your voice so that others can enjoy it too!*

“Use the talents you possess, for the woods would be very silent if no birds sang except the best.”

Henry Van Dyke

THE TEN MOST COMMON PROBLEMS OF SINGERS

- 1. Poor Posture**
Collapse of chest/rib cage, downward fall of head, locked knees
- 2. Poor Breathing and Inappropriate Breath Support**
High chest breathing, gasping
- 3. Hard Glottal or "Aspirate" attack**
"Throat" attack or "breathy" attack
- 4. Poor Tone Quality**
Dark, rough, thin, breathy, nasal
- 5. Limited Pitch Range, Difficulty in Register Transition**
Obvious register breaks or shifts, narrow pitch range
- 6. Lack of Flexibility, Agility, Ease of Production, Endurance**
Lack of resonance, uneven vocal line, poor breath management
- 7. Poor Articulation**
Excess tension in jaw, lips, tongue/narrow vowels
- 8. Lack of Discipline, Commitment, Compliance**
Lack of practice...singers must prepare like athletes
- 9. Poor Health, Hygiene, Vocal Abuse**
*Lack of sleep, too much alcohol, lack of water, poor performance venues,
Yelling*
- 10. Poor Self-Image, Lack of Confidence**
Lack of performance opportunities, lack of preparation

Directors/Singer

Be aware of these common problems and KNOW that each of these can be corrected by acknowledgement and guidance. Improved vocal production continues until the day you stop singing!

Ready, Set, Resonate!
IES
MollyHuffman

**THE MOST IMPORTANT THINGS I HAVE LEARNED
IN THE CLASS ON RESONANCE ARE....**

**I CAN GO BACK TO MY CHORUS/QUARTET AND BE
ABLE TO...**

I WANT TO LEARN MORE ABOUT...