

Awaken Your Inner Drum!

Åse Hagerman
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Handout

Warm up your voice with focus on rhythm this morning!

Through rhythmic emphasis and subdivided beats you'll find that your inner percussion helps to stabilize the tempo and makes the music more exciting.

PULSE

Repetitive pattern. It's regular.
Comes in macro and micro beats
Can change pace!

MELODIC RHYTHM

Is irregular. Stops and starts.
Includes lots of syncopated rhythm
Needs pulse and subdivision to stay in tempo

Create the inner beat

2/4: Dum-cha, Dum-cha
3/4: Toom-pa-pa, toom-pa-pa
4/4: Takataka, takataka, Takataka, takataka
4/4 (swing): Doom cheeka, doom cheeka, Doom cheeka, doom cheeka
6/8: Labada, Dabada
12/8: Ratata Tatata, Ratata Tatata

Understanding meter is best manifest physically through appropriate distribution of **body weight** to make **difference** between the strong and weak beats (macro and micro-beats). Moving only macro beats will rush the tempo, moving only micro beats will not define the meter – all beats will sound alike.

Exercises

2/4 Pom pim, pom pim 1-5-4-2, 1-5-4-2, 1-5-4-2, 1 (breath)
3/4 Doom pada 1-88, 1-77, 1-66, 1-55, 1-44, 1-33, 1-22, 1 (duet)
4/4 Naw-naw (see attached)
4/4 (swing) Do-bah-do-bah or Ningning (see attached),
6/8 Labadabadaba damdamdam: 888888777, 666666555, 444444333, 2222221-
12/8 I've got the blues (see attached)

Song examples

2/4 Anything goes
3/4 Edelweiss
4/4 Baby Face, Bill Bailey
4/4 (swing) I'm beginning to see the light, Kickin' it up a Notch,
6/8 Tennessee Waltz, There goes my everything
12/8 Stomp