

# **ELEMENTS OF DIRECTING**

- A. Posture/Attitude/Stance**
- B. Preparatory Beat**
  - 1. Beat before entrance**
  - 2. Sets tempo/mood**
  - 3. Inhalation on preparatory beat**
- C. Basic Beat Patterns**
  - 2/4, 3/4, 4/4**
- D. Keeping Track of the Ictus**
- E. Types of Attacks/Releases**
- F. Nondominant Hand**
- G. Dynamics**
- H. Eye Contact**
- I. Body Language**
- J. Facial Expression**
- K. Making Every Move Count**